

LABORATORY TESTING ADDENDUM

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Revised September 2021

Revised September 2024

Revised September 2025



Addendum

The objective of this Laboratory Testing Addendum is to provide guidance and additional information to Doctors of Optometry on:

- How to register as a provider for Laboratory Testing
- How to access and fill out Laboratory Requisition Forms
- How to order Laboratory supplies
- Contact Information for Provincial Laboratory and specific Laboratory Zones
- FAQ's and Laboratory Testing protocols
- Links to best practices on corneal and conjunctival swabbing techniques



In order to avoid possible duplication of laboratory test ordering, optometrists who wish to order laboratory tests through community labs <u>must</u> have access to Alberta Netcare (or other similar provincial database) to review previous laboratory test results before ordering any new tests. If using a private lab, access to Netcare before ordering labs is not required as this would be a private pay option.

Full details on accessing Alberta Netcare and completing other required privacy documents are available in the "Navigating Privacy Legislation" documents located in the Secure Member Log-In area on the ACO website.

Step 1 – Register as a Provider

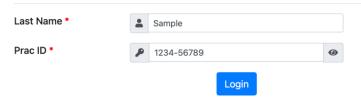
- Visit https://provideridlookup.albertahealthservices.ca/Auth/Login to get your Connect Care ID's. All practitioners will have a Connect Care ID, but not all practitioners will have access to Connect Care. You will require your Submitter ID for registration, and both your Provider ID and Submitter ID for requisition forms.
 - a. Fill in your last name and practice ID.



Connect Care Submitter, Department and Provider ID Lookup

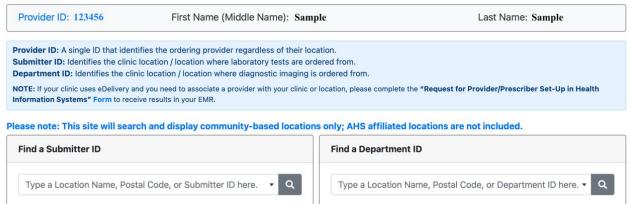
Login

Please note: This site will search and display community-based locations only; AHS affiliated locations are not included.



b. Provider ID is found at the top. Then search for your Submitter ID in the bottom left box. Note, it may be easier to search your postal code instead of the clinic name.

Welcome



2. Visit https://www.albertahealthservices.ca/frm-21762.pdf and fill out the provider set-up form. If you practice at multiple locations, you will have to register as provider for each individual location, as each location will have a unique Submitter ID.

3. Fax your completed form(s) to (780) 644 -1792 or email form(s) to AHS.Provider Requests@ahs.ca.

Step 2 – How to Access Lab Requisition Forms

- 1. Visit https://www.albertaprecisionlabs.ca/hp/Page13849.aspx and scroll down to the "Full List of Requisitions" where you can download a PDF blank copy of a lab requisition and fill out your information. Click "General Laboratory Requisition-21302" to access the pdf form.
 - a. Commonly used forms include:
 - i. General Laboratory Requisition
 - ii. Microbiology Requisition
 - iii. Ophthalmology Microbiology Requisition
- 2. Alternatively, you can use the Requisition Generator at the above link by clicking the "Create Requisition Now" button. Please note, this only allows you to electronically fill out your provider information on a requisition form to print, and it does not allow you to electronically select the lab tests you require.

Step 3 – How to Fill Out Lab Requisition Forms

1. See below for patient and provider information completion aid.

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Requisition Completion Aid

	LABORATOR												
Le	eaders in Laboratory I	Medicine							Scanning Lat	pel or Accession #	(lab only)		
	PHN 12345-6789		Date of Birth (dd-Mon-yyyy) 01 APR 2004										
Ħ	Legal Last Nam	Legal Fir William	Legal First Name William				Middle Name George						
ratient	Alternate Identi	Name				ot to disclose	Phone xxx-xxxx	Phone xxx-xxxx					
	Address 111 My Avenu		City/Town Edmonton				Prov AB						
,	Authorizing Pro	niddle)			oy to Nar mple, Cop	Copy to Name (last, t	irst, middle)						
Provider(s)	Address 1234 211 St, E	Phone xxx-xxx-			Address 4567 89	-)М, AB T5T 5T		1				
	CC Provider ID numeric digits		C Submitter ID Imeric digits				Phone xxx-xxxx			Phone			
_	Clinic Name Family Medici				Clinic Name Associated Medical Clinic			Clinic Name					
Collection Date (dd-Mon-yyyy) Time (24 hr)							Location	n		Collector ID			
Required Provider Information Fields Authorizing Provider: The provider ordering the test and acting on the test result. Connect Care (CC) Provider ID: Unique ID assigned to the provider. This ID does not change when providers practice at more than one location. Connect Care (CC) Submitter ID: Unique ID for the location or clinic and is used to route reports. NOTE: Both Provider ID and Submitter ID are required to correctly route reports.							Copy To Provider(s) Complete Name, Address and Clinic Nam will assist in selecting the correct provide						
							 PHN Expiry Date: Required for patients with out-of-province healthcare insurance (if applicable). Alternate Identifier: Unique ID (ULI, MRN, government issued ID, etc.). Preferred Name: Use if the preferred name differs from legal name. 						
							Gender: "Non-binary" and "Prefer not to disclose" provide choices of response other than "male" or "female"						

- 2. Check off each lab test you would like to order. If you do not see a lab test that you are looking for listed, write it down in the "Additional Tests" section at the bottom of the requisition page. If you do not know the name of a test you are ordering, you can search the test directory found at https://td.albertaprecisionlabs.ca.
- 3. See the following page for an example of a filled-out requisition form.

ALBERTA PRECISION LABORATORIES

General Laboratory Requisition

Scanning Label or Accession # (lab only)

	Leaders in Lab	•			ecision Laboratori ine at <u>www.alber</u>			7-702-4486					
		Appe	Loca	tions and Hou	urs of Operation								
	PHN 12345678	Ехр	iry:	Date of Birt									
ent	Legal Last Na	Legal Last Name				Legal First Name				Middle Name			
Patient	Alternate Identifier Preferred			Name ☑ M				le not to disc		Phone 7801234567			
	Address 1234 Street Name				City/Town	Edmonto	n		Prov AB		Postal Code T8T 8T8		•
(S	Authorizing P	rovider		(last, first, mid	dle)		Copy to Na	ame (last,	first, middle)	Copy t	py to Name (last, first, middle)		
der(s	Address 1234 Street Name			Phone 7801234567		Address		Addr		iress			
Provider(s)	CC Provider I	ID		bmitter ID	Legacy ID		Phone		Phone				
₫	Clinic Name	try Clinic		Clinic Name				Clinic Name					
C	ollection	Date (dd-Mon-y	vyyy)	Time (24 hr) Location				Collector ID				
Re	quisition Date (d	d-Mon-yy	yy)		© Denotes a Fasting Test . ① Refer to Patient Instruction Sheet.				Hours Fasting				ill
He	matology/Coagι	ulation			Endocrine				Clinical Info	rmation	1		
	Reticulocyte Count	t			☐ Cortisol Random ☐ Cortisol AM (0700-1000) ☐ Cortisol PM (1500-1800) ☐ Estradiol ☐ Follicle Stimulating Hormone (FSH) ☐ Luteinizing Hormone (LH) ☐ Prarathyroid Hormone (PTH) ☐ Progesterone								
	neral Chemistry								Drug Levels/Monitoring				
□ Albumin □ Alkaline Phosphatase (ALP) □ Alanine Aminotransferase (ALT) □ Bilirubin, Total □ Bilirubin, Total and Conjugated □ Calcium □ C-Reactive Protein (CRP)					☐ Prolactin ☐ Testosterone, Total ☐ Thyroid Stimulating Hormone (TSH) ☐ Progressive Thyroid Stimulating Hormone (TSH)				☐ Ethanol Level, Blood Therapeutic Drug Monitoring Dose route ☐ Oral ☐ IV ☐ Other Dose Regimen How Long on Current Regimen? Date of Last Dose or IV Complete Time of Last Dose or IV Complete				
	Creatine Kinase (C	CK)			Immunology/S	Date of Next	Dose or	IV Start					
☐ Creatinine (eGFR) ☐ Sodium ☐ Potassium ☐ Ferritin ☐ Fibrosis-4 Score (FIB-4) ☐ Gamma Glutamyl Transferase (GGT) ☐ Glucose Fasting (F) ☐ Glucose Random ☐ Hemoglobin A1c ☐ HCG, Serum (Quantitative) ☐ IgA ☐ IgA				□ Epstein Barr Serology Panel □ Hepatitis A Virus Acute Serology - IgM □ Hepatitis B Surface Antigen □ Hepatitis B Surface Antibody □ Hepatitis C Virus Serology □ HIV 1 and 2 Serology (Antigen and Antibody □ Mononucleosis Screen □ Rheumatoid Factor □ Rubella Immunity Serology - IgG □ Syphilis screen				Time of Next Dose or IV Start Carbamazepine			s ine		
					Cardiology - E	Anticoagulant							
□ Lipase □ Magnesium □ Phosphate □ Prostate Specific Antigen (PSA) □ Protein Electrophoresis, Serum					☐ Electrocardiogram to be read by panel ☐ Electrocardiogram to be read by Other Transfusion Medicine				☐ Anti-Xa - Unfractionated Heparin☐ Anti-Xa - LMWH☐ Anti-Xa - Apixaban☐ Anti-Xa - Rivaroxaban☐ Anti-Xa - Rivaroxaban☐				
	Total Protein Jrate				See Transfusion Medicine Requisition 21448 Routine Pre-natal Red Cell Screening - use CBS				Urine Drug Testing Panels				
□ Lipid Panel □ Cholesterol, Total □ Triglycerides □ Cardiovascular Disease Risk Assessment (Framingham Risk Score) includes Lipid Panel Required History Systolic Blood Pressure (mmHg)					Req Sterile Body Fluid □ Fluid Type Source:				Reason For Request Opioid Dependency Panel What is Treatment Regimen? Buprenorphine Methadone Hydromorphone Other OR				
					Test(s) Urine □ Urinalysis □ Pregnancy Test (HCG, Qualitative)								
									Miscellaneous				
]]]	Yes □ No Current Tobacco Use Yes □ No Treated for high Blood Pressure Diabetic Yes □ No Chronic Kidney Disease Yes □ No Atherosclerosis Yes □ No First-degree relative with CVD				☐ Albumin* ☐ Creatinine ☐ Cortisol ☐ Protein Total* ☐ Protein Electr *includes creatin	ophoresis	□ Random □ Random □ Random	□ Random □ 24 h □ Random □ 24 h □ 24 h □ 24 h □ Random □ 24 h		□ Celiac Screen - TTG IgA (includes IgA deficiency screen) □ FIT Colorectal Cancer Screening (Age 50-74) □ H. pylori Test □ Hemoglobinopathy Investigation			
		M <55Y /			☐ Creatinine Cle	Additional Tests							
	icose Tolerance				24H Urine (I)	Wt kg 24H Urine ① Total Volume							
☐ Glucose Gestational Diabetes Screen (GDS) ☐ Glucose Tolerance, Gestational, 2 h (F)(I) ☐ Glucose Tolerance, 2 h (F)(I)					Start Date	Tests not listed go here. Example: SS-A/SS-B for Sjogren's Syndrome							

Ordering Laboratory Supplies

To order lab supplies for corneal/conjunctival scrapings, fill in the form titled "Corneal Scraping Bedside Media Kit Supply Order Form" on: https://www.albertaprecisionlabs.ca/hp/Page14021.aspx

All provincial zones have been consolidated within Alberta Precision Laboratories system.

For further information regarding Alberta Precision Laboratories consult their website: https://www.albertaprecisionlabs.ca/default.aspx

FAQ's and Laboratory Testing Protocols

- The ACO Laboratory Testing Clinical Practice Guideline is posted on the ACO website under the Resources tab. This document provides guidance to optometrists on ordering and interpreting laboratory tests.
- To prevent possible duplication of Laboratory Test ordering, all optometrists must review previous test results on a provincial database such as Alberta Netcare (or other similar sites) before ordering a laboratory test.
- If using private pay laboratories, access to Netcare (or other similar sites) to review previous test results is not required.
- You are <u>not</u> permitted to order a laboratory test for yourself or immediate family member.
- The A1c test has a minimum 90-day limit between test orderings. All other laboratory tests do not have time limits.
- Optometrists are responsible for interpretation of all laboratory tests they order and communication of these test results to patients.
- Optometrists are also responsible for appropriate documentation of laboratory test ordering and interpretation on their patient chart.
- The results of all laboratory tests that you order will be faxed to the number you list on your Registration Form. The Lab may also telephone you with regard to any emergency or critical results.
- As optometrists are only authorized to practice within their scope of practice, optometrists are responsible for the appropriate referral of the patient to the patient's family physician or specialist if indicated by the laboratory test results.
- If a specific laboratory test is not listed on the Requisition Form, you may enter the test in the "Other Tests Not Listed" section of the form.
- Use separate swabs for each eye do not use the same swab for both eyes for corneal or conjunctival swabs.
- After you perform a corneal or conjunctival swab, place the swab in the vial, break off the handle and seal the lid. You can either drop off the sample

- yourself at the nearest lab or telephone them for pickup. If pickup or drop-off will not occur for several hours, store the sample in a fridge at 4-8C.
- Do not use a topical anesthetic prior to performing a conjunctival swab.
- Lab Zone websites will have specific information (listed by organism) on specific testing and protocols.

The following website will assist you with best practices and "smart decisions" on lab test ordering and interpretation https://choosingwiselycanada.org